



Embodied Astrology Training

A Weekend Retreat led by professional astrologers
Christine Broadbent and Graham Ibell

3rd - 5th April 2020

Bella Rakha Retreat Centre, Oratia, Auckland

Astrology Embodied

Astrology is normally learned through the intellect, whether it's on-line, through books or classes or in conversations. Rarely do we have a chance to drop into a feeling sense of the zodiac signs, experience the planets directly in the body, notice the meaningful astrology that's always alive in our world.

In this exciting retreat, building on their highly successful one last May, experienced astrologers Christine and Graham will be midwifing a journey into a direct astrological experience; one in which you will learn or deepen your astrology via movement, sensations, embodiment, dreams, synchronicities, conversations, subtle awareness, the imagination - in fact through all six senses!

Always aiming to equip you with an accurate, nuanced and useful relationship to astrological symbol, and through working directly out of your own birth chart, we will help you to come away with a new relationship with astrology, and a feeling of being more alive to yourself and the world. Embodied astrology offers enrichment, a chance to engage with bodily, emotional and soul-level understandings.

The Retreat

During our weekend we will:

- ◆ Experience a Living Astrology with rich paths of personal integration.
- ◆ Experience astrology as profound soul-medicine.
- ◆ Access intangible dimensions of planet archetypes through music, story, poetry and movement.
- ◆ Work with astrology as a potent tool for navigating the tension of opposites, the splitting behind so much suffering.
- ◆ Discover a new astrology that speaks to the wild as much as the civilised.

Exercises and activities will include such things as:

- ◆ Using *astro-drama* to deepen our relationship with our chart.
- ◆ Exploring new ways to understand illness and learn from body symptoms.
- ◆ Unfolding current life concerns through working with our personal 'planet vectors'.
- ◆ Encountering astrology in nature through a *shaman walk* and elemental exercises.
- ◆ Creating a take-home, personalised talisman to build a healthier relationship with a planet.
- ◆ Using our life stories to ground and unlock deeper connections with our chart and planet potentials.
- ◆ Enticing our own natal Moon, mistress of embodiment, to reveal herself as *container and em-body-er* of our mysteries.
- ◆ Star watching, journaling, yoga, an astro-game and more...

Bookings and enquiries graham@grahamibell.com or astroha@bigpond.com

Our learning sessions will be juicy, stimulating and provoking, and will include group, pair and solo/inner work. Alongside the rich astrological tradition, teaching will draw on myth, poetry, psychology, alchemy and nature, and include plenty of chart examples. All this in the deeply satisfying embrace of *Bella Rakha's* expansive natural beauty.

Timing

Arrival from 5pm on Friday gives plenty of time for travellers to settle in before our weekend opens with a ritual at 6:35pm, timed to make the most of planetary positions. Getting to know each other in a hands-on and element-inspired way, we will then enjoy making and cooking wood-fired pizza together - please bring your favourite topping! From Saturday our wonderful chef takes over the kitchen.

At 8pm, watched over by the stunning radiance of the Evening Star Venus, we will begin our first group session, followed by - weather permitting - our first star-watching experience. The mornings will have an optional early rise for more star watching - a Saturn-Jupiter-Mars conjunction is one treat we can look forward to. Yoga, meditations, walks or back to bed are all possible before an 8am breakfast. From 9am, Graham and Christine will lead five sessions over a day that extends into evening on the Saturday, and to the closing ritual at 4:30pm on the Sunday. These - in fact the whole retreat - will foster an embodied learning experience - so much more than ideas or theory.

There will be ample opportunity to explore the beauty of surroundings, digest the activities through quiet reflection and journalling, share your process and insights with others and the group, and, of course, make friends. Naturally we will be encouraging modes of experiential learning that celebrate that indelible link between psyche and cosmos.

Those new to astrology may have the option of an introductory workshop from 1-4pm at a nearby venue, at a small additional cost - please ask about this when registering.

We really look forward to sharing our special *Bella Rakha* gathering with you!

Bella Rakha

The retreat centre situated in Oratia, at the foot of the Waitakere Ranges in Auckland. The centre's buildings are set in 32 acres of gorgeous, park-like grounds with a mixture of native bush, open spaces and quiet secluded groves.

Accommodation is in twin-share rooms; depending on numbers you may be sharing with another astrologer or have the room to yourself. Our talented chef is used to catering for a variety of different diets, but do let us know if you have specific requirements.

Full Residential cost: \$540 all inclusive, if \$100 deposit received by 16th Feb, else \$600. Ask about payment by instalments and a single work bursary.



The Facilitators



Christine Broadbent is a consulting astrologer, writer and teacher in Oz and NZ. She inspired and convened the 2018 Auckland Astrology Conference, and is astrological columnist for Australian WellBeing magazine. Supported by her recent postgrad research on astrology as celestial magic, Christine guides clients and students to mistress their chart - loving and being led by their own astro-dynamics. Embodying our astrological shades of light and dark, she sees as the healing path. For more see astrologyspot.appspot.com/blog and her facebook page www.facebook.com/ChristineBroadbentAstrologyandHealing/.

Graham Ibell studied with the eminent astrologer Liz Greene at the Centre for Psychological Astrology in London. He has worked as an astrology teacher and consultant in the UK and NZ, with clients and students from all over the world. His background also includes training in Process Oriented Psychology, extensive use of the I Ching, and an abiding love of story, poetry, music and nature. See www.grahamibell.com



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